



St.
Elizabeth
Bereavement
Ministry

presents

Coping with the Holidays

*Saturday, November 15
from 10 a.m. to 12 Noon
in the Hospitality Room.*

Speaker is

*Carol Rubano, LCSW-R, ASCW
founder and director of
Living Waters Therapeutic Catholic
Counseling Center.*

*Grief, especially during the holidays
is tremendously stressful. Grief doesn't
have a time limit. Anyone feeling the
need to hear this talk is invited.*

*Please register by Friday, October 28.
Call the Parish Center (631.271.4455)
and reference "Coping with the
Holidays Registration.*

