

Lent 2018

Ash Wednesday - February 14

9:30 a.m. Mass
12:15 p.m., 5:00 p.m. and 7:00 p.m. Service

Ashes will be distributed at Mass as well as at each service.

The Discipline of Fasting

During Lent, we join the Church throughout the world in abstaining from meat on Ash Wednesday and the Fridays of Lent (at least from age fourteen). We have one full meal (we fast) on the two central days of penance during Lent: Ash Wednesday and Good Friday (at least from age fourteen until age fifty-nine). Everyone is encouraged to participate in these disciplines, even those who do not fall in the age categories. Those with medical conditions, of course, are not bound by the Church's obligation of fast and abstinence.

**Save
the
Date**



Parish Lenten Mission "The Cost of Discipleship"

Monday, March 12 ~ Wednesday, March 14

Join us for a four-day Parish Lenten Mission
with Fr. Paul Bergeron

Gathering music beginning at 7:15 p.m.

Mission hour beginning at 7:30 p.m.

Stations of the Cross

will begin on the Friday after Ash Wednesday,
February 16 at 7:30 p.m. in the Church;

February 23; March 2, 9, 16, 23 and
Good Friday, March 30.

